



W A K A N
spirit in business & life

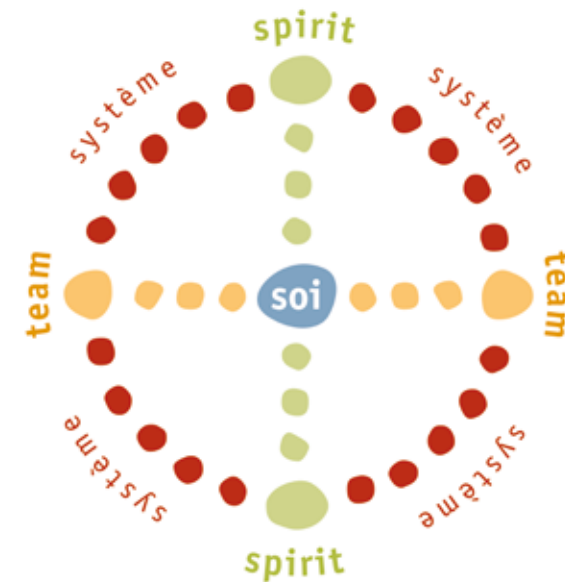


W A K A N
spirit in business & life

Wakan opens the way to connecting the intangible of the spirit with the concrete of the professional and private life.

Discover different programs:

- > Workshop of applied intuition
- > Leadership program development
- > ICF Certified coaching program
- > Personalized accompaniment of individuals and teams.



Coaching RelationCare®



Discovering Coaching RelationCare®

Intention

Our intention is to develop and support our students to become professional coaches and to teach them innovative coaching skills.

Aim

We provide you with a modular training approach including clear learning objectives. Our program is fully aligned with the International Coaching Federation (ICF) values and will deliver the following benefits:

- The acquisition of attitudes and effective tools to accompany you in your professional and personal coaching context
- Develop your relational skills
- Obtain a diploma as a certified and recognized professional coach

Concept

The art of coaching requires an in depth development and is based on the **quality of the relationship**.

This include **taking care of the relationship** to oneself (heart), to others (team), to the intangible (spirit), to the system around us (circular axis).



The Coaching RelationCare approach is based on the use of the 5th forms of intelligence (cognitive, emotional, somatic, intuitive, collective). It takes into account the systemic approach, uses body language and integrates the latest development in the field of neuroscience.

Prerequisites

- Individual interview with a member of the training team
- The module A "Interpersonnal skills" is mandatory to follow the Professional Certified Coaching RelationCare Program
- ABCD Modules are requested to access the certification process
- No prerequisites for the Coaching RelationCare Plus Program (those modules give you CCEU credits).

Training program

Coaching RelationCare®

Formation certifiante de coach
professionnel accréditée par ICF



A Module > Interpersonnal Skills

- A1 - Discovering interpersonal skills
- A2 - Developing verbal and non verbal listening skills
- A3 - Recognizing your leadership skills
- A4 - Using metaphorical language

B Module > Values & Limits

- B1 - Aligning your values with those of your organization
- B2 - Understanding emotional intelligence
- B3 - Establishing limits
- B4 - Managing resistance

C Module > Aims & Chance

- C1 - Identifying the real goals
- C2 - Revisiting failures to succeed
- C3 - Creating your future
- C4 - Committing yourselves to change

D Module > Professional Coaching

- D1 - Building alliances
- D2 - Coaching process, evaluation and wrap-up
- D3 - Building your own tool-set
- D4 - Building your professional coaching project

What they said about the program:

"This training was a great journey which opened my eyes in many aspects. I will remember this course for ever!"

"This experience was a transformational experience for me."

"This training will allow you to become a great coach as well as to (re)discover and improve yourself."

"A powerful journey that plants a seed in you to grow in an impactful coach."

"Truly transformational. I'm leaving with a sense of optimism and unlimited possibility".

HR Managers of one of the biggest international organization in Geneva.